

# The WARM Way

A Publication for the Families and Friends of The WARM Place

**FALL 2022** 

## Please Excuse Our Dust: Construction in Progress

Temporary walls are up. Other walls have come down. New foundation is poured. Dust is flying. Drills are whirring. Excitement and anticipation are in the air! The expansion of The WARM Place is in full swing!

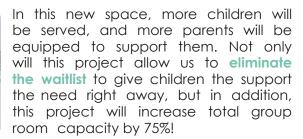




Ever since the original house was built in 2002, it was in the plan to "someday" add onto the building. Twenty years later, that vision and forethought has become a reality!

The Expanding Our Home. Healing More Hearts. campaign has been an effort to raise \$2 million to add 3,329 square feet to the current WARM Place facility, as well as renovate some existing spaces. Thanks to the investments from many generous supporters, this project is 96% funded (as of September 2022)!







We look forward to sharing progress with you as construction continues for the remainder of 2022. In the meantime, support groups continue right now for the 449 children and their families currently enrolled in our in-person groups. A little extra dust won't stop WARM Place children and families from receiving the critical grief support they are counting on.

Thank you to our transformational donors:

The Amon G. Carter Foundation: \$500,000

The Morris Foundation: \$250,000

The Ryan Foundation: \$250,000

The Sid W. Richardson Foundation: \$250,000

The Rees-Jones Foundation: \$200,000



If you'd like to learn more about the project, or learn how you can help us reach the fundraising goal, please reach out to Katie Lane, Director of Development, at 817-870-2272 or katie@thewarmplace.org



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## A NOTE FROM SHELLEY

#### **Executive Director**

It was a busy summer for us here at The WARM Place as I'm sure it was for many of you! Our peer support groups have continued successfully as construction for our expansion project is well underway. Our biweekly groups continued to meet Monday through Thursday, and our Young Adult group met as well for an eight-week session this summer. Our staff, families, and volunteers have been so flexible with us as we moved meeting spaces, combined offices, and adjusted to the temporary setup we will have throughout construction. Our board



breatingsoffillite for a short time, as will our Family Nights but we have exciting plans for our program growth in the coming year! The wait will be well worth it come early 2023 when our expansion is complete. Above all our priority is continuing to serve our families and community without interruption for the duration of the project.

Our summer was also busy planning special events for the fall including our annual fundraiser, A Cool Night, which will be held October 8th. This year A Cool Night is themed, Into the Garden, which I feel accurately represents this season of growth that The WARM Place is As our physical building grows, we are working simultaneously on expanding our programing so we can continue to meet the growing needs of our community. Growing the number of families and children we serve helps to ensure no child arieves alone. We look forward to opportunities for our families to make new memories and grow as a family. Our 4th annual family camp, Camp Remember Me, which will be held the first weekend in November, is a fun-filled weekend of camp activities and sharing their grief journey with other WARM Place families. The fall also brings opportunities to expand our reach in our volunteer and community education and outreach efforts. This is an extremely exciting time for The WARM Place, and I encourage you to come by and see the progress of our expansion project. We hope you will join us in some of our activities this year, and as always, thank you for your dedication and support of our mission.

Warmly,

Vulluy Bettis

Shelley Bettis, Executive Director

#### **UPCOMING EVENTS** THEWARMPLACE.ORG/EVENTS

September 22, 2022

NTX
GIVING DAY
9.22.22 presented by amazon

October 8, 2022



October 14, 2022

GRIEF TALK WEBINAR: COMPANIONING

October 21, 2022



CAMPA



November 4-6, 2022

November 17, 2022

CHILDREN'S GRIEF AWARENESS DAY

November 29, 2022



GIVING TUESDAY

December 9, 2022







### Your Grief, Your Journey

By Dana Minor, M.S., LPC-S, CSC

Grief Reminds Me To live more openly To express more freely To feel more deeply To love more fully Grief Reminds Me Of all that I have lost And all that I still have Of all that I was And all that I can be Grief Reminds Me The memories made The memories still to make Of what has been done Of what is left to do Grief Reminds Me Love never dies

Tanya Lord

We know there is no time limit on grief or a right or wrong way to grieve. Yet, after the death of a loved one, we may find ourselves faced with thoughts or even comments from others that center around a projected timeline. We may find ourselves at a loss for words or even an adequate way to express the feelings we are experiencing. We know that we do not "get over" the death of a loved one, and we need to give ourselves grace.

At The WARM Place, there is no limit on the duration of time a family can participate in our peer support groups. When a family does make the decision to close and feel they are ready to complete the program, we have a special closing ceremony. This ceremony gives children and their families an opportunity to reflect on their time at The WARM Place and their journey ahead. Many children share what they have learned about themselves, the tools that have helped them in their grief, and the support they have felt in our program. Families know they are always part of our WARM Place family and are welcome to reach out to us if the need for additional support arises.

We know there are different seasons in our lives when we may need more support. There is no road map for grief or an end that everyone reaches. It is important to remember to make time to grieve and to give ourselves permission to truly feel what we are feeling. It is also important to remember that we ALL grieve differently. Especially within families, our grief may look very different from each other, and we grieve at distinctly different paces.

Don't be afraid to share your unique journey with others. You may feel like you might stumble and fall, but there is comfort in knowing there are people there to catch you and provide support when you need it most. "The road is long, and, in the end, the journey is the destination."



## CHILDREN'S GRIEF AWARENESS DAY NOVEMBER 17TH, 2022

Children's Grief

A W A R E N E S S D A Y

EDUCATE. EQUIP. HONOR.

Children's Grief Awareness Day is observed every third Thursday in November.

This year, The WARM Place invites you to join us in recognizing children's grief all

November long. Children's Grief Awareness Day and Month seek to bring awareness to the impact of death in children's lives and the opportunity we have to provide support to these children.

According to the Childhood Bereavement Estimation Model, 1 in 15 children in Texas will experience the death of a parent or sibling by age 18. This number more than doubles for youth who will be bereaved by age 25. Research shows that children who experience grief are at an increased risk of disrupted development including decreased academic performance, mental health issues, and early mortality.

The WARM Place believes that no child should ever have to grieve alone. This November, help us spread the word about children's bereavement and ways we can provide support! Together, we can help children know they are not alone, even amid grief.

#### Three ways you can help:

Pledge to wear blue! Blue is the color of Children's Grief Awareness, and we encourage every-one to show their support on November 17th by wearing blue. Invite your office, neighbors, families, and friends, and share your pictures with us and your social media network!

Share, share! During the month of November, The WARM Place will be posting facts about children's bereavement and sharing important content throughout the month. We need you to share our posts to spread awareness!

Ignite HOPE! Children at The WARM Place will be decorating butterflies to symbolize hope and we invite you to join us. Stop by The WARM Place on the week of November 17th to create your butterfly! Feel free to add to our large community HOPE display or place it in a window at home for your neighbors to see.

We know that with your help, we can make a difference. Show your blue, share the love, and shine your light for children this November.



## SAVE THE DATE FOR RACE 2 REMEMBER THEM!

MARCH 4, 2023

Acme Brick Company 3024 Acme Brick Plaza Fort Worth, TX 76109

Registration opens in November!





## **VOLUNTEER SPOTLIGHT**

Meet Trish Strong – another one of our newest group facilitators! Trish recently completed our Summer Facilitator training and is on S&D V night in the Children's group. Volunteers are a vital part of our program, and we are excited to have her join our existing group of dedicated volunteers. Trish is a Fort Worth native and police officer. She attended the WARM Place as a 5-year-old along with her mother, Darla Davis (photographed below), when her father died and felt compelled to come back as a group facilitator. Read more about Trish and learn her story!

#### Tell us a little bit about yourself!

My name is Trish, and I'm a 22-year-old police officer. I'm a Fort Worth native, and FWISD Alum. I have a fur baby named "Skai." She's a Border Collie/ Terrier mix. I also own my own trucking company that I started when I was 19 years old.



Trish Strong, Volunteer



#### What brought you to TWP as a volunteer?

What made me volunteer at TWP was my experience with them when I was 5 years old. I came to TWP in 2005 after my dad passed away. I just felt like it was important to go back and show kids that there is a light at the end of the tunnel.

#### What has been your favorite experience/moment so far in volunteering?

My favorite moment in volunteering so far has been the kids. I love seeing their faces when they've reached an important milestone or the stories they have to share every two weeks, and just seeing them grow.

#### Share a fun fact about yourself

Fun Fact about myself is that I can't swim, but I love anything that happens in the sky, such as skydiving, rock climbing, etc.

## **VOLUNTEERS WANTED!**

As the current construction is growing our house to serve more families, we need to grow our volunteer team to accommodate! You can be a part of something life-changing for our families AND yourself. We offer volunteer training multiple times a year that prepares you to facilitate discussions, crafts and other activities during group.

Are you interested in learning more about grief support and how you can be a part of the dedicated group of facilitators that The WARM Place relies on?

"The sense of community and feeling free to express ourselves. My children know it is a safe and good place, and they are excited to come here. They learned that they are not alone."

—WARM Place Parent

#### What is a group facilitator?

Group facilitators are trained volunteers in our evening groups for children participating in grief-related activities as designed by our group directors. Facilitators donate 4 hours to their assigned group on a biweekly basis, for 8 hours total per month. You will be a companion to children who have lost a parent, sibling or other loved one.

#### What is your "why"?

Our facilitators come from various backgrounds and experiences, but one thing they have in common is the WHY. We are here to be present to children experiencing grief and provide a safe space for them to share feelings and thoughts, so that no child grieves alone.

Do you want a chance to practice compassionate listening, being present for and support our families at The WARM Place? Apply to be a group facilitator and join one of our upcoming trainings!

Email Rebecca@thewarmplace.org for more details.



### WORKING TOGETHER. REINFORCING HOPE.

The WARM Place is excited to continue to support our community and provide numerous trainings, workshops, and webinars throughout the year. Our Grief Talks are educational opportunities that focus on strategies and tools to support grieving children and their families. We are committed to providing community outreach and trainings to fit the growing needs of our community, as well as support other grief and hospice organizations on a national level. We provide consultation, guest speakers, professional development trainings, online or in-person presentations, discussion panels, activity workshops, and more. We offer a variety of grief topics that include:



### CHILDREN'S GRIEF

Provides information about what children and adolescents experience after a death loss, how to talk to children about death, and explores ageappropriate understanding of death.



### HELPFUL ACTIVITIES

Provides
activities
that will help
explore
feelings, share
memories, tell
their stories,
and develop
healthy coping
strategies after
a death loss.



### GRIEF AND BEREAVEMENT

Provides an overview of grief and bereavement, discuss common myths about grief, recognize when support is needed, discuss how to provide support, and explore what to say after a death.



#### SELF-CARE

Explores ways to make self-care a priority and provides strategies to increase self-awareness and healthy coping.



#### PROVIDING GRIEF SUPPORT TO FAMILIES

Addresses the common question, "how can I help," and ways to best support friends and family after a death loss.



## PROVIDING GRIEF SUPPORT IN SCHOOLS

Helps teachers, school counselors, and administrators provide support to children who are grieving in a school







#### Fore the Children

#### **PAR-TEE FOR A PURPOSE!**

On May 13, 2022, The WARM Place held the second annual WARM Place Classic golf tournament! With the support of our sponsors, donors, and players, over \$100,000 was raised for children attending The WARM Place!

Players enjoyed lunch, on course contests and prizes, a fun 19th hole celebration including live entertainment and coming together for a great time for a greater mission! We hope you will save the date for the 3rd Annual WARM Place Classic, Friday, May 12, 2023. Stay tuned to thewarmplace.org for more information on teams and sponsorships.

## SPECIAL THANKS TO OUR EVENT COMMITTEE:

Event Chairs: Alyson and Chance Williams
Event Committee: Shannon and William
Adams, Lacey and Cullen Green, Mason
Green, Rachel and Ford Hausser, Carolyn
and Will Osborne, Abby and Alex
Reardon, Jennifer and Brian Roosth,
Morgan and Peter Welch







Our Major Donors have made significant contributions to underwrite The WARM Place's grief support program. We are grateful for the generosity of these individuals, businesses, and foundations.

## THANK YOU!

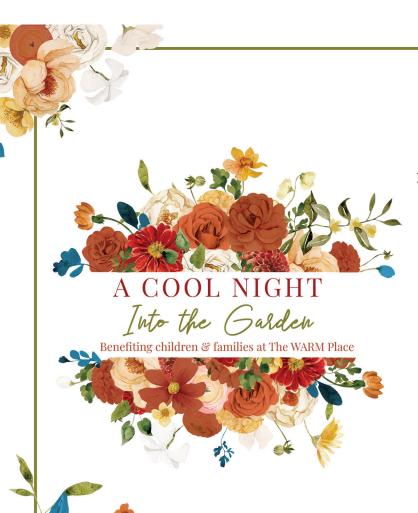
MAJOR DONORS \$5,000+

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Fund at the North Texas
Community Foundation

Donations received from 1/1/2022 - 8/10/2022



Join us for our annual fundraiser, "A Cool Night!" This year we will be taking you "Into the Garden." Guests will enjoy a memorable evening with elegant cuisine, live entertainment, auctions, and much more. Most importantly, it will be a special evening to benefit the children and families at The WARM Place.

#### October 8th, 2022 • 6-10pm RIVERCREST COUNTRY CLUB

#### **EVENT COMMITTEE:**

ReillyJo Cavanaugh, Sanae Fulkerson, Emery Harbuck, Courteney Holub, Lauren Lasrich, Jenny Lockwood, Hallie Martin, Lauren Muckleroy, Amanda Powell, Brittany Reid, Merrill Rhynsburger, Katy Watson, Renee Yingling

### **OUR WISH LIST**

- Play-Doh
- Smooth River Rocks (medium)
- Paint Pens
- Postage Forever Stamps

For our complete wish list, please visit thewarmplace.org/wish-list



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Get up and give on September 22! Your gift matters! Not available on September 22? No worries! Make your gift early between September 1 and September 21!







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